

EMPLOYEE ASSISTANCE PROGRAM

FREE Confidential counselling support
Call **1300 550 276** to book now

How can EAP help?

Assistance is available on personal or work related matters including the following:

Conflicts at work or home



Depression and anxiety



Stress and pressure



Personal trauma



Family or parenting concerns



Health and lifestyle



Relationship difficulties



Drug or alcohol problems



Grief and loss



Gambling or addictions



Who assists?

The Recovre Group engages with expert psychologist and counsellors with the following qualifications to better assist you:

- Registration with the appropriate professional body
- Extensive clinical and counselling experience.
- Friendly and relaxed approach.
- Ability to help you define the issues, options and achieve solution.



For further Information Please visit www.recovre.com.au or email east.admin@recovre.com.au

Your employer has engaged The Recovre Group to support its employees. The EAP service is paid by your employer, voluntary and free to you.



CONTACT US TODAY
1300 550 276