



OUR PROGRAM

How can the EAP help?

Assistance is available on personal or work related matters including the following:

- ✓ Conflict at work or home
- ✓ Stress and pressure
- ✓ Family or parenting concerns
- ✓ Relationship difficulties
- ✓ Grief and loss
- ✓ Depression and anxiety
- ✓ Personal trauma
- ✓ Health and lifestyle
- ✓ Drug or alcohol problems
- ✓ Gambling or addictions



PLEASE CONTACT
THE RECOVERE GROUP
TO MAKE AN ENQUIRY
OR APPOINTMENT ON
1300 550 276

The Recovre Group Pty Ltd
ABN 35 003 330 167

✉ referrals@recovre.com.au

🖱 www.recovre.com.au

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Recovre 

EMPLOYEE ASSISTANCE PROGRAM (EAP)

CONFIDENTIAL COUNSELLING SUPPORT



EMPLOYEE ASSISTANCE PROGRAM (EAP)



WHAT IS EAP?

EAP is a safe and confidential space where you can seek professional advice, support or counselling.

EAP can help with a wide range of different issues that can be either personal or work related. Services can be face to face or over the phone. EAP can be a place where you think through how to get the most out of your career or relationships or how to manage stresses of daily life. EAP can also assist you with serious problems like depression, drug and alcohol dependence or anxiety and help you seek referral for ongoing assistance.

WHO PAYS?

Your employer has engaged The Recovre Group to support all of its employees. The EAP service is fully paid by your employer.

YOUR ENTITLEMENTS

Your entitlement depends on the arrangement between your employer and The Recovre Group. Typically, your employer sponsors three to five sessions of counselling. Employees and family members often have entitlement to the service. Please contact us to clarify your entitlement.

ACCESSING THE EAP SERVICE



EAP appointments can simply be made by calling The Recovre Group on

1300 550 276

If you use the EAP in your own time, no one at work will know of your appointment. If you wish to have an appointment in work time, or your employer requires management approval for the referral, you will need to consult with your supervisor or manager.

VOLUNTARY AND CONFIDENTIAL

Even if a supervisor or manager recommends a referral to the EAP, your attendance is always voluntary. Similarly, the counselling is strictly private and confidential.

If you and the EAP psychologist agree that a matter should be addressed at work, then your written authority will be obtained before sharing information with your employer.

WHO ASSISTS?

The Recovre Group engages with expert psychologists and counsellors with the following qualifications to better assist you:

- As a Psychologist, registration with the Australian Health Practitioner Regulation Agency (AHPRA) Registration; as a counsellor, a member of their professional organisation.
- Extensive clinical and counselling experience.
- Friendly and relaxed approach.
- Ability to help you define the issue, options and achieve solutions.

THE EMPLOYEE ASSISTANCE PROGRAM (EAP) IS A FREE AND CONFIDENTIAL SERVICE.

